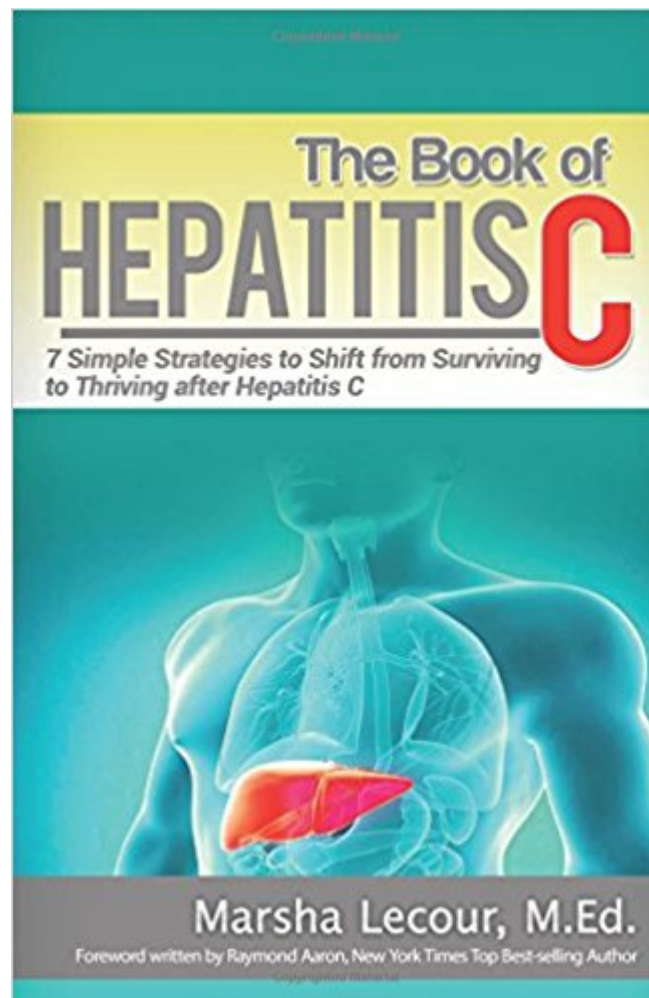




The book was found

The Book Of Hepatitis C: 7 Simple Strategies To Shift From Surviving To Thriving After Hepatitis C



Synopsis

The Book of Hepatitis C by Marsha Lecour, M.Ed.

Book Information

Paperback: 142 pages

Publisher: CreateSpace Independent Publishing Platform (June 6, 2016)

Language: English

ISBN-10: 1522741062

ISBN-13: 978-1522741060

Product Dimensions: 5.5 x 0.3 x 8.5 inches

Shipping Weight: 8.5 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #4,338,297 in Books (See Top 100 in Books) #97 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Hepatitis](#)

Customer Reviews

This book is crisp and clear, and if you have any physical problem you're trying to overcome--read it. No, I don't have Hep C, but I have had to overcome a genetic variant that is extremely challenging. Marsha lays it out in a simple, not-too-many-words structure, of how to get from point A to point B. And it's always about an integrated approach, not a one-stop-shopping cure. Marsha Lecour is all about changing your life vector, but she offers a fantastic methodology coupled with periodic "thinking" times, so you really absorb the experience. If you are trying to overcome any difficulty in your life...physical or emotional...I highly recommend this read.

The best book I have ever read on healing and going forward in life after being cured! A must read for all that have had Hepatitis C!

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